

LESSON 7 / "I Know in Whom I Have Trusted"

2 Nephi 3-5

(members strengthen testimonies of Joseph Smith & find happiness in Lord)

Welcome

Outlined by
Dennis Roberts

1- Joseph, son of Jacob	2Nephi 3:1-3
2- Joseph, son of Lehi	2Nephi 3:4-5
3- Joseph, son of Joseph Smith Sr.	2Nephi 3:6-15
4- Joseph, father of JS Jr.	2Nephi 3:15

Special ward experiences

Who are the 4 Josephs?

1. Lehi teaches of Joseph Smith and Book of Mormon

2Nephi 3:4	Lehi teaches Joseph1 about Joseph2
2Nephi 3:5	Why were Joseph2's covenants important?
2Nephi 3:6-15	Who was "choice seer" that Joseph2 saw?
Supplemental #1	Elder LeGrand Richards
2Nephi 3:12	The Lord tells Joseph2 about what 2 books?
2Nephi 3:5	Who is the righteous branch that broke off?
2Nephi 3	What ties Joseph1, Joseph2, & Joseph3?

2. Nephi laments his sins but glories in goodness of God

2Nephi 4:15-30,30-35	Psalm of Nephi (self-reflection & prayer)
Supplemental #2	Bishop Dennis Roberts
2 Nephi 4:31,33	"deliver us out of the hands of our enemies"?
2Nephi 4:31	"shake at the appearance of sin"?
2Nephi 4:32	"walk in the path of the low valley"?
2Nephi 4:32	"be strict in the plain road"?
2Nephi 4:33	"encircle us in robe of righteousness"?
2Nephi 4:34	"I will not put my trust in the arm of flesh"?
2Nephi 4:35	Same testimony that brought about BofM!!!

3. L&L's anger increases and groups separate

2Nephi 4:13;5:3	Why were L&L angry toward Nephi?
2Nephi 5:2,4	What did L&L seek to do because of anger?
2Nephi 4:27-29	What did Nephi seek to do because of anger?
Supplemental #3	President Howard W. Hunter
2Nephi 5:1,5	Nephi prays for help and what is answer?
2Nephi 5:27	How did people live after separation?
2Nephi 5:10-17	How did they contribute to their happiness?

How does this apply to me?

Supplement #4 "Awake my soul! ... Rejoice, O my heart"

Next Lesson
2 Nephi 6-10

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Supplement #1

Elder LeGrand Richards

“The prophet Joseph Smith brought us the Book of Mormon, the Doctrine and Covenants, the Pearl of Great Price, and many other writings. As far as our records show, he has given us more revealed truth than any prophet who has ever lived upon the face of the earth.”

(General Conference, April 1981)

Supplement #2

Bishop Dennis Roberts

“This Psalm of Nephi has been a tremendous strength to me at many times in my life. When discouragement seemed to grasp hold of me unrelentingly, I could find indescribable comfort in Nephi’s Psalm, which repeatedly reaffirmed the fact that the Lord still loved me despite my weaknesses. Somehow, knowing that Nephi was a little like me helped me to refocus and forge ahead with the hope that I could learn to be like Nephi.”

(Gospel Doctrine class, February 2004)

Supplement #3

President Howard W. Hunter

“We need a more peaceful world, growing out of more peaceful families and neighborhoods and communities. To secure and cultivate such peace, ‘we must love others, even our enemies, as well as our friends’... We need to extend the hand of friendship. We need to be kinder, more gentle, more forgiving, and slower to anger. We need to love one another with the pure love of Christ. May this be our course and our desire.”

(General Conference, April 1992)

Supplement #4

Overcoming Feelings of Discouragement

Action

- 1- Read the scriptures
- 2- Delight in & ponder things of Lord
- 3- Trust in Lord / Look to Him for support
- 4- Engage in mighty prayer
- 5- Be industrious; work
- 6- Serve in the temple

Scripture

- 1- 2Nephi 4:15
- 2- 2Nephi 4:16
- 3- 2Nephi 4:20-21,34
- 4- 2Nephi 4:24
- 5- 2Nephi 5:15,17
- 6- 2Nephi 5:16

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- 1- Joseph, last born of Lehi..... 2Nephi 3:1-3
- 2- Joseph, of Egypt..... 2Nephi 3:4-5
- 3- Joseph, Smith Jr. 2Nephi 3:6-15
- 4- Joseph, Smith Sr. 2Nephi 3:15

Welcome

Special ward experiences?
Who are the 4 Josephs mentioned in 2 Nephi 3:1-15?

1. Lehi teaches of Joseph Smith and Book of Mormon

- 2Nephi 3:4 Lehi teaches son Joseph about Joseph Egypt..... Son of Jacob and Rachael
- 2Nephi 3:5 Why were JosephE's covenants important?..... Covenant found in Genesis 30 & 37 / talking about our generation
- 2Nephi 3:6-15 Who was "choice seer" that JosephE saw? Read 6-9,12-15
- Supplemental #1 Elder LeGrand Richards
- 2Nephi 3:12 The Lord tells JosephE about what 2 books?..... How have the two books "grown together"? What are blessings of this?
- 2Nephi 3:5 Who is the righteous branch that broke off?..... How is this promise being fulfilled today?
- 2Nephi 3 What connects JosephL, JosephE, and JosephJr? Linage, covenants, BofM

2. Nephi laments his sins but glories in goodness of God

- 2Nephi 4:15-30,30-35 Psalm of Nephi (self-reflection & prayer) read / written soon after death of father / brothers were angry with him
 - Supplemental #2 Bishop Dnnis Roberts..... Why important to recognize both our fallen nature and our potential?
 - 2 Nephi 4:31,33 "deliver us out of the hands of our enemies"?
 - 2Nephi 4:31 "shake at the appearance of sin"?
 - 2Nephi 4:32 "walk in the path of the low valley"?
 - 2Nephi 4:32 "be strict in the plain road"?
 - 2Nephi 4:33 "encircle us in robe of righteousness"?
 - 2Nephi 4:34 "I will not put my trust in the arm of flesh"?
 - 2Nephi 4:35 Same testimony that brought about BofM!!!
- 15-30 self-reflection / 30-35 a prayer → Don't we all do this?
- What do these phrases from Nephi's prayer mean to you? ← Nephi's promise to the Lord

3. L&L's anger increases and groups separate

- 2Nephi 4:13;5:3 Why were L&L angry toward Nephi? Law of Primogeniture (see footnote about boarding the ship)
- 2Nephi 5:2,4 What did L&L seek to do because of anger?..... Would killing the messenger kill their guilt?
- 2Nephi 4:27-29 What did Nephi seek to do because of anger?..... Good contrast between how people handle their anger
- Supplemental #3 President Howard W. Hunter
- 2Nephi 5:1,5 Nephi prays for help and what is answer?..... That he should depart from his brothers (good advice for us too)
- 2Nephi 5:27 How did people live after separation?..... "after the manner of happiness" cool!
- 2Nephi 5:10-17 How did they contribute to their happiness?.....

How does this apply to me?

Supplement #4 "Awake my soul! ... Rejoice, O my heart"..... What can we do to overcome feelings of discouragement?

(24) What were Lamanites doing? ← (10)kept commandments, (11)sow seeds and raise flocks, (12)preserved records, (15) be industrious, (16)built temple, (17)worked together

Next Lesson
2 Nephi 6-10