

LESSON 30 ? Alma 40-42  
"The Great Plan of Happiness"

(Objective: help members gain greater understanding of life after death)

**Welcome**

Supplement #1

The Plan of Salvation

Outlined by  
Dennis Roberts

**1- Alma teaches Corianton about death and resurrection**

- Alma 40:1;41:1;42:1 How did Alma decide what Corianton needed?
- Alma 40:11-13 What happens between death & resurrection?
- Alma 40:11-15 How did Alma describe paradise & prison?
- Supplement #2 Paradise vs Prison
- Alma 40:21,23 What will happen at appointed time?
- Alma 40:5 Who will be resurrected?
- Alma 40:3-5,8,19 What didn't Alma know about resurrection?

**2- Alma teaches about righteous and wicked after death**

- Alma 40:23;41:2 The body will be restored to what?
- Alma 41:3-4 What else will be restored at judgment?
- Supplement #3 Elder Bruce R. McConkie
- Alma 41:7 In what sense are we our own judges?
- Alma 41:10-13 Can we be restored from sin to happiness?
- Supplement #4 President Ezra Taft Benson
- Alma 41:14-15 Alma said Corianton needed to do what/why?

**3- Alma teaches Corianton about justice and mercy**

Alma 42:1 Corianton did not understand what?

Alma 42: 6-25

- 1- Because of the Fall, we are in a ..... state.
- 2- We are mortal-subject to .....-and imperfect.
- 3- In this fallen state, we cannot dwell in the presence of .....
- 4- ..... demands that we be cut off from God's presence.
- 5- When we sin, we separate ourselves further from .....
- 6- No ..... thing can dwell with God.
- 7- Justice demands that we be ..... for our sins.

- Alma 42:14-15 What is required to satisfy justice?
- Alma 42:23 Alma said mercy comes because of what?
- Alma 42:13,23,27 What is required to receive mercy?

**How does this apply to me?**

Would more understanding of the law of justice and mercy help us?

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Alma 43-52

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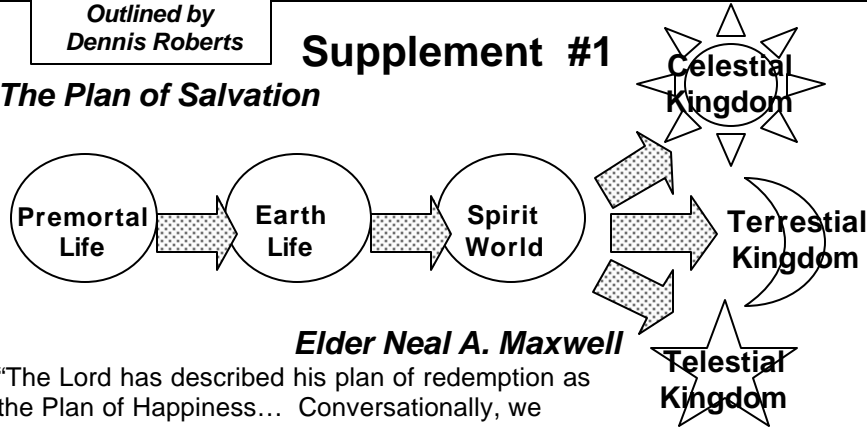
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Alma 43-52

# LESSON 30 SUPPLEMENTS

Outlined by  
Dennis Roberts

## Supplement #1

### The Plan of Salvation



**Elder Neal A. Maxwell**

“The Lord has described his plan of redemption as the Plan of Happiness... Conversationally, we reference this great design almost too casually at times; we even sketch its rude outlines on chalkboards and paper as if it were the floor plan for an addition to one’s house. However, when we really take time to ponder the Plan, it is breathtaking and overpowering.” (“Thanks be to God,” Ensign, July 1982, 51)

## Supplement #2

	<b>Paradise</b>	<b>vs</b>	<b>Prison</b>
1-	Alma 40:12 Alma 40:15		state of happiness state of misery
3-	Alma 40:12 Alma 40:14		state of rest & peace state of darkness
4-	Alma 40:12 Alma 40:14		no troubles, care or sorrow awful, fearful wait

## Supplement #3

**Elder Bruce R. McConkie**

“The resurrection is a restoration, both a restoration of body and spirit and a restoration to the individual of the same mental and spiritual acquirements and attitudes he had in this life.”

(Mormon Doctrine, 2<sup>nd</sup> Ed. [1966], 641)

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**President Ezra Taft Benson**

“While people may take some temporary pleasure in sin, the end result is unhappiness... Sin creates disharmony with God and is depressing to the spirit.”

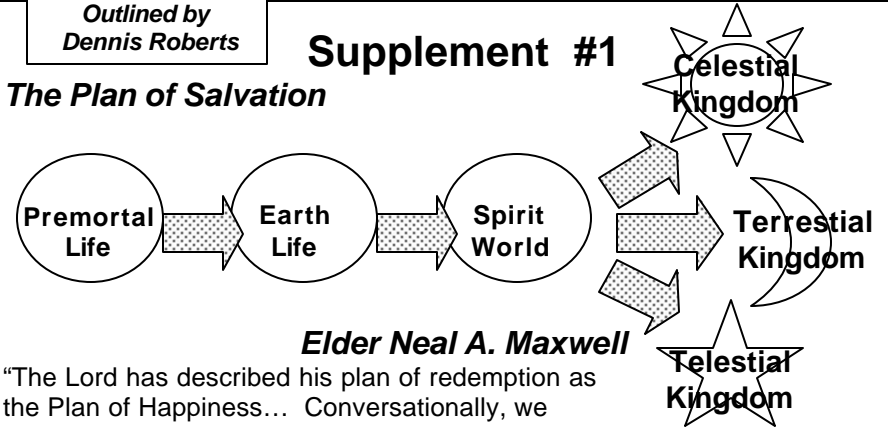
(October conference, 1974)

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## “The Great Plan of Happiness”

*Outlined by  
Dennis Roberts*

(Objective: help members gain greater understanding of life after death)

### Welcome

Supplement #1      *The Plan of Salvation* ..... *Aprill discussion / Explained PofS 100s of times / New meaning with Brent's death*

### 1- Alma teaches Corianton about death and resurrection

How can we perceive the needs of our family and those we teach?

- Alma 40:1;41:1;42:1    How did Alma decide what Corianton needed? ..... Difficult to do but great example of being a patriarchal leader in the family
- Alma 40:11-13        What happens between death & resurrection? ..... Go to paradise or spirit prison (outer darkness = spirit prison)
- Alma 40:11-15        How did Alma describe paradise & prison? ..... See supplement #2 / this is all before the final judgment
- Supplement #2        *Paradise vs Prison*..... see D&C 138 received by President Joseph F. Smith in 1918
- Alma 40:21,23        What will happen at appointed time? ..... Resurrection / What is resurrection? (in verse 23)
- Alma 40:5             Who will be resurrected?..... “all shall rise”
- Alma 40:3-5,8,19     What didn't Alma know about resurrection? ..... What can we learn from the fact that Alma didn't know everything?

We do not need to know every detail of a doctrine before we receive a testimony of it

### 2- Alma teaches about righteous and wicked after death

- Alma 40:23;41:2        The body will be restored to what? ..... “perfect frame”
- Alma 41:3-4            What else will be restored at judgment? ..... What does it mean to restore unto good or evil?
- Supplement #3        *Elder Bruce R. McConkie*..... see verse 5 and 6
- Alma 41:7             In what sense are we our own judges?..... We choose good or evil and the consequences go with them
- Alma 41:10-13        Can we be restored from sin to happiness? ..... Why do some people appear happy when going against commandments?
- Supplement #4        *President Ezra Taft Benson* ..... *Are commandments binding? Isn't doing everything we want freedom?*
- Alma 41:14-15        Alma said Corianton needed to do what & why? ... Any examples? / Reece stops to help people in trouble

### 3- Alma teaches Corianton about justice and mercy

Alma 42:1              Corianton did not understand what? ..... The law of justice (and mercy)

- Alma 42: 6-25
- 1- Because of the Fall, we are in a ..... state. .... fallen
  - 2- We are mortal-subject to .....-and imperfect. .... death
  - 3- In this fallen state, we cannot dwell in the presence of ..... God
  - 4- ..... demands that we be cut off from God's presence. .... Justice
  - 5- When we sin, we separate ourselves further from ..... God
  - 6- No ..... thing can dwell with God. .... unclean
  - 7- Justice demands that we be ..... for our sins. .... punished

Maybe why Corianton was confused?

- Alma 42:14-15        What is required to satisfy justice? ..... What if only justice? (v 14) / mercy needed to appease demands of justice
- Alma 42:23            Alma said mercy comes because of what? ..... atonement
- Alma 42:13,23,27    What is required to receive mercy? ..... Repentance, judgment, baptism,

### How does this apply to me?

Would more understanding of the law of justice and mercy help us?

... let the justice of God, and his mercy, and his long suffering have full sway in your heart; and let it bring you down to the dust in humility. (Alma 42:30)

Next Lesson  
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