

LESSON 32 ? Alma 53-63

“They did Obey... Every Word with Exactness”

(Objective: help members follow example of Helaman’s valiant soldiers)

Welcome

Outlined by Dennis Roberts

What does it mean to be “the royal army of the Lord”?

1- 2060 valiant young Ammonites covenant to fight

- Alma 53:12 What did Nephites promise Ammonites?
Alma 53:13 What did Ammonites want to do?
Alma 53:14-15 What did Helaman tell Ammonites to do?
Alma 53:16-17 What did Ammonite sons do to help Nephites?
Supplement #1 President Ezra Taft Benson
Alma 53:19 Who did Ammonites asked to be leader?
Alma 57:21 How did Ammonites respond to commands?
Supplement #2 President Harold B. Lee

2- The young soldiers exercise faith & fight courageously

- Alma 56:34-43 What was first army young Ammonites faced?
Alma 56:44-47 What was soldiers response to fighting them?
Alma 56:47-48 From whom had these soldiers learned?
Supplement #3 President Spencer W. Kimball
Alma 56:48 Young Ammonite soldiers did not doubt what?
Alma 57:19-20 How did Ammonites respond to difficult battle?
Alma 57:22-25 Ammonite faith & courage resulted in what?

Alma 53:20-21;57:26-27; 58:40 Ammonites were “firm & undaunted”
Valiant for courage True at all times Men of truth & soberness
Exceeding faith Put trust in God Stood fast in liberty
Kept commandments Faith was strong Strict to remember God
Alma 56:47-48 When did Ammonites develop these traits?

- Alma 58:1-9 Nephite army received how much help?
Alma 58:10 Where did Ammonites turn for strength?
Alma 58:11-12 How did Lord answer the Nephites’ prayers?

How does this apply to me?

If we are willing to die for God, are we willing to make a phone call to stop an unrighteous law or change an immoral advertisement?

Next Lesson
Helaman 1-5, 6-12 (2 lessons)

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LESSON 32 SUPPLEMENTS

Supplement #1

*Outlined by
Dennis Roberts*

President Ezra Taft Benson

“Men and women who turn their lives over to God will discover that He can make a lot more out of their lives than they can. He will deepen their joys, expand their vision, quicken their minds, strengthen their muscles, lift their spirits, multiply their blessings, increase their opportunities, comfort their souls, raise up friends, and pour out peace. Whoever will lose his life in the service of God will find eternal life.”

(Teachings of Ezra Taft Benson [1988], 361)

Supplement #2

President Harold B. Lee

“Now the only safety we have as members of the church is to do exactly what the Lord said to the Church in that day when the Church was organized. We must learn to give heed to the words and commandments that the Lord shall give through his prophet, ‘as he receiveth them, walking in all holiness before me;... as if from mine own mouth, in all patience and faith.’ (D&D 21:4-5) There will be some things that take patience and faith. You may not like what comes from the authority of the church. It may contradict your political views. It may contradict your social views. It may interfere with some of your social life. But if you listen to these things, as if from the mouth of the Lord himself, with patience and faith, the promise is that ‘the gates of hell shall not prevail against you; yea, and the Lord God will disperse the powers of darkness from before you, and cause the heavens to shake for your good, and his name’s glory.’ (D&C 21:6)

(October General Conference, 1970)

Supplement #3

President Spencer W. Kimball

“To be a righteous woman during the winding-up scenes on this earth, before the Second Coming of our Savior, is an especially noble calling. The righteous woman’s strength and influence today can be tenfold what it might be in more tranquil times. She has been placed here to help to enrich, to protect, and to guard the home-which is society’s basic and most noble institution. Other institutions in society may falter and even fail, but the righteous woman can help to save the home, which may be the last and only sanctuary some mortals know in the midst of storm and strife.”

(Teachings of Spencer W. Kimball [1982], 326-7)

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Alma 57:20, 25

Welcome

What does it mean to be “the royal army of the Lord”?..... read quote from Ezra Taft Benson

1- 2000 valiant young Ammonites covenant to fight

King Lamoni / Anti-Nephi-Lehis to Ammonites

- | | | |
|---------------|--|--|
| Alma 53:12 | What did Nephites promise Ammonites?..... | Read Alma 24:15-18 (bury swords) & Alma 24:15-18 (Land of Jershon) |
| Alma 53:13 | What did Ammonites want to do? | Wanted to take up arms / How hard would that be to do nothing? |
| Alma 53:14-15 | What did Helaman tell Ammonites to do? | How important is it to uphold our covenants? |
| Alma 53:16-17 | What did Ammonite sons do to help Nephites?..... | “fight in all cases” Does this show strength of commitment? |
| Supplement #1 | President Ezra Taft Benson | Wow! How will the Lord strengthen us to keep our commitments? |
| Alma 53:19 | Who did Ammonites asked to be leader? | Helaman was prophet & high priest / |
| Alma 57:21 | How did Ammonites respond to commands?..... | Helaman said obeyed every word with exactness |
| Supplement #2 | President Harold B. Lee | |

Why important to follow prophets with exactness?
How do we follow with exactness today?

Does following a prophet increase effectiveness? How does a bad leader weaken a people?

2- The young soldiers exercise faith & fight courageously

- | | | |
|---------------|---|---|
| Alma 56:34-43 | What was first army young Ammonites faced?..... | read |
| Alma 56:44-47 | What was soldiers response to fighting them? | read |
| Alma 56:47-48 | From whom had these soldiers learned?..... | How important to teach our children (grandchildren) faith <u>and</u> courage? |
| Supplement #3 | President Spencer W. Kimball | powerful for our times |
| Alma 56:48 | Young Ammonite soldiers did not doubt what? | Why important for children to know our testimonies? How can we share? |
| Alma 57:19-20 | How did Ammonites respond to difficult battle?..... | What can we learn from this? |
| Alma 57:22-25 | Ammonite faith & courage resulted in what? | |

How can we remain “firm and undaunted” when friends, associates, and others are “about to give way”?

Remember... young Ammonites had developed these characteristics in their youth, before they became soldiers!

When are our 19 yr old missionaries prepared?
When are our young women prepared for marriage and motherhood?

Alma 53:20-21;57:26-27; 58:40 Ammonites were “firm & undaunted”
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Exceeding faith Put trust in God Stood fast in liberty
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 Alma 56:47-48 When did Ammonites develop these traits?

- | | | |
|---------------|--|-------------------------------------|
| Alma 58:1-9 | Nephite army received how much help? | 2000 men & some food but not enough |
| Alma 58:10 | Where did Ammonites turn for strength? | “Pour out our souls to God” |
| Alma 58:11-12 | How did Lord answer the Nephites’ prayers? | Read list in verse 11 |

How does this apply to me?

If we are willing to die for God, are we willing to make a phone call to stop an unrighteous law or change an immoral advertisement?

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