

LESSON 39 ? 3 Nephi 17-19

“Behold, My Joy is Full”

(Objective: to help members feel the love of Jesus Christ)

Welcome

Video “My Joy is Full”

*Outlined by
Dennis Roberts*

1- Jesus commands Nephites to ponder and pray

- 3 Nephi 17:3 What did Jesus perceive and then instruct?
1. Go home and ponder
 2. Ask for help to understand
 3. Prepare your minds
 4. Come back again

Supplement #1 Elder Joseph B. Wirthlin

3 Nephi 17:4 Where was Jesus going? (2 Nephi 29:11-13)

3 Nephi 17:5-6 Why did Jesus “tarry a little longer”?

3 Nephi 17:7-9,10,20 What enabled the sick to be healed?

3 Nephi 17:21-24 How were Nephite children blessed?

2- Jesus institutes the sacrament among the Nephites

3 Nephi 18:1-4,5-11 What do we learn about the sacrament?

1. vs 5 Sacrament blessed & passed by?
2. vs 5,11 Sacrament administered to?
3. vs 7,11 Bread and wine (water) represent?

3 Nephi 18:7,10-11 What blessing is promised to partakers?

Supplement #2 Elder Marion G. Romney

3 Nephi 18:26 What did Savior teach about being worthy?

3 Nephi 18:25 Why did Lord command us to come to Him?

3 Nephi 18:38-39 Then what?

3- The disciples teach and minister to the people

3 Nephi 19:1-3 What did Nephites do after Jesus ascended?

3 Nephi 19:4-8 What did twelve do while waiting for Savior?

3 Nephi 19:9 What did disciples pray for?

Supplement #3 Elder John A Widtsoe

3 Nephi 19:13-15 Then what?

3 Nephi 19:17,19 After teaching, what did Savior do?

3 Nephi 19:21,23 For what did Jesus pray?

3 Nephi 19:24-25 Why were prayers of Nephites pleasing?

How does this apply to me?

Supplement #4 How would you feel if you knew Jesus Christ himself prayed to our Father in Heaven on your behalf?

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3 Nephi 16, 20, 21

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LESSON 38 SUPPLEMENTS

Supplement #1

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Elder Joseph B. Wirthlin

"Pondering, which means to weigh mentally, to deliberate, to meditate, can achieve the opening of the spiritual eyes of one's understanding. Also the Spirit of the Lord may rest upon the ponderer."
(April General Conference, 1982)

Supplement #2

Elder Marion G. Romney

"Now partaking of the sacrament is not to be a mere passive experience. We are not to remember the Lord's suffering and death only as we may remember some purely secular historical event. Participating in the sacrament service is meant to be a vital and a spiritualizing experience. Speaking of it, the Savior said, '...And it shall be a testimony unto the Father that ye do always remember me.' In order to testify, one's mind has to function, and it must be concentrated upon the thing to be testified."
(General Conference, April, 1946)

Supplement #3

Elder John A. Widtsoe

How vital it is that each of us come to have a personal witness that we are led by living prophets. President Lee observed that someone once said, "That person is not truly converted until he sees the power of God resting upon the leaders of this church, and until it goes down into his heart like fire." President Lee said this observation was "absolutely true," adding that "until the members of this church have that conviction that they are being led in the right way, and they have a conviction that these men of God are men who are inspired and have been properly appointed by the hand of God, they are not truly converted."
(Neal A. Maxwell, Things As They Really Are, p.70 p.71)

Supplement #4

For Whom did Christ pray?

3 Nephi 19:23

And now Father, I pray unto thee for them, **and also for all those who shall believe on their words**, that they may believe in me, that I may be in them as thou, Father, art in me, that we may be one.

3 Nephi 19:28

Father, I thank thee that thou hast purified those whom I have chosen, because of their faith, and I pray for them, **and also for them who shall believe on their words**, that they may be purified in me, through faith on their words, even as they are purified in me.

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Welcome

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Jesus was about to leave the Nephites

Who would you bring? Can you think of family members or friends that you would invite?

1- Jesus commands Nephites to ponder and pray

- 3 Nephi 17:1-3 What did Jesus perceive & then instruct?..... What does it mean to ponder? What else did Jesus say to do? (pray)
 - 1. Go home and ponder
 - 2. Ask for help to understand
 - 3. Prepare your minds
 - 4. Come back again
- Supplement #1 Elder Joseph B. Wirthlin..... How would pondering help the Nephites prepare for more instruction?
 - What is pondering? How do you do it?
- 3 Nephi 17:4 Where was Jesus going? (2 Nephi 29:11-13)..... Going to lost tribes (third witness) / read 2 Nephi 29:11-13
- 3 Nephi 17:5-6 Why did Jesus "tarry a little longer"?..... How does this show Jesus' love for his people? For you?
- 3 Nephi 17:7-9,10,20 What enabled the sick to be healed?..... What did the people do afterwards? Do we properly thank God?
- 3 Nephi 17:21-24 How were Nephite children blessed?..... Savior blessed 1 by 1 (see 3 Nephi 11:15) / How can we become as children?

He dealt with ALL of the people one by one

2- Jesus institutes the sacrament among the Nephites

- 3 Nephi 18:1-4,5-11 What do we learn about the sacrament?..... What did Jesus institute among the Nephites?
 - 1. vs 5 Sacrament blessed & passed by? Those who have been ordained to do so
 - 2. vs 5,11 Sacrament administered to? All worthy members of the church
 - 3. vs 7,11 Bread and wine (water) represent?..... Body and blood of the Savior
- 3 Nephi 18:7,10-11 What blessing is promised to partakers?..... What can we do to prepare to partake of the sacrament?
- Supplement #2 Elder Marion G. Romney..... Of what do we testify when taking the sacrament? --Remember Christ
- 3 Nephi 18:26 What did Savior teach about being worthy? How must we "feel" when we take the sacrament?
- 3 Nephi 18:25 Why did Lord command us to come to Him?..... "do unto world" = Jesus commanded us to bear testimony
- 3 Nephi 18:38-39 Then what? Jesus departs

3- The disciples teach and minister to the people

- 3 Nephi 19:1-3 What did Nephites do after Jesus ascended? How did those who heard the Nephites' testimonies respond?
- 3 Nephi 19:4-8 What did twelve do while waiting for Savior?..... Divided into 12 groups / held prayer meeting / taught & testified
- 3 Nephi 19:9 What did disciples pray for? Why is it vital that Holy Ghost be received?
- Supplement #3 Elder John A. Widtsoe..... Did Jesus testify of His disciples position and authority?
- 3 Nephi 19:13-15 Then what? Baptized, Holy Ghost, Jesus returns
- 3 Nephi 19:17,19 After teaching, what did Savior do? Pray
- 3 Nephi 19:21,23 For what did Jesus pray? Why is it important that followers "be one" with Jesus?
- 3 Nephi 19:24-25 Why were prayers of Nephites pleasing? "did not multiply words" / said what was given to them / filled with desire

How does this apply to me?

Supplement #4 How would you feel if you knew Jesus Christ himself prayed to our Father in Heaven on your behalf?

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