



Come Follow Me



- ★ **Why did Peter's faith falter** as he walked on the water? (Matthew 14:30.)
- ★ How do **we sometimes make similar errors** when difficulties arise?
- ★ What did Peter do *when he began to sink*? (Matthew 14:30.)
- ★ What did Jesus do? (Matthew 14:31–32.)
- ★ What does this reveal about **our relationship with the Lord**?
- ★ How have you felt the Savior strengthen you and calm your fears?

"I Am the Bread of Life"

Introduction: (Rock Light Bread)

- What do these things have in common?
- How often in your life do you see water, rocks or stones, light, and bread?
- How would your life be blessed if these images reminded you of the ministry and mission of the Redeemer?

Helaman 5:12, John 8:12, John 6:35.

Jesus heals a man on the Sabbath and declares himself the Son of God. (John 5)

- Jesus healing a man at the pool of Bethesda (John 5:1–9). What instructions did Jesus give the man when he saw him in the temple later that day? (John 5:14.)

"Look after those who wait by the pool of Bethesda"

(Reading 1)

- **What can we do** to help people who have **physical or mental disabilities**?
- Why are the **effects of sin "a worse thing" than physical infirmities**?
- Why did the Jewish leaders seek to kill Jesus? (John 5:16–18.)
- As Jesus responded to the angry Jews, what did he reveal about his relationship to the Father? (John 5:19–23, 30.)
- Jesus told the people that *he would soon do even "greater works" than healing the sick* (John 5:20). What did he say these greater works would be? (John 5:21–29.)
- **What witnesses** did the Savior say **testified of him**? (John 5:32–39, 45–47.)
- **Why is it important** to have these witnesses? (Jacob 4:6.)
- How can we be witnesses of the Savior?
- Jesus challenged the Jewish leaders to **"search the scriptures"** (John 5:39). What is the difference between **searching** the scriptures and **reading** them?

"Search the scriptures" (John 5:39)

- Read **John 5:20–30** silently while it is read aloud.
- *What did you see* when you searched the scriptures that you *did not see* when we read them quickly?
- What can we do to search the scriptures on our own?
- The Prophet Joseph Smith received the vision of the kingdoms

of glory after pondering **John 5:29**. Invite a class member to read **Doctrine and Covenants 76:15–20**.

- **What knowledge have we been blessed with** because Joseph Smith searched John 5:29?
- How have you made your **personal and family scripture study more meaningful**?
- How have you been blessed as you have searched the scriptures?
- According to John 5:39, *what would the Jewish leaders have known if they had searched and believed* the scriptures? (John 5:40, 46–47.)
- **How have the scriptures strengthened your faith in Christ**?

Jesus miraculously feeds more than 5,000 people.

(John 6:1–14 and Mark 6:30–44)

- *Why did Jesus and his disciples go up into a mountain*? (John 6:1–3; note the Joseph Smith Translation of Mark 6:31 in footnote 31a.)
- How did Jesus respond when the multitude came to him? (Mark 6:33–34; Matthew 14:14.)
- **How can we follow his example of compassion**?
- How did Jesus feed the multitude? (John 6:5–13; also Matthew 14:21.)
- How can we follow the **example of the boy who gave his loaves and fishes to Jesus**?
- How does the Lord bless us when we, like the boy, give whatever we have in His service?

(Reading 2)

- What are some examples you have seen of **people being magnified by the Lord as they have served him**?
- How is the miraculous feast from five loaves and two fishes **symbolic of the spiritual feast the Savior offers us**?

Jesus walks on the sea, invites Peter to come to him, and calms the winds. (John 6:15–21 and Matthew 14:22–33.)

- ★ How did the disciples react when they saw Jesus walking toward them on the water? (Matthew 14:26; John 6:19.)
- ★ How did Jesus respond to their fears? (Matthew 14:27; John 6:20.)
- ★ *What did Peter request when he heard the Savior's voice*? (Matthew 14:28–29.)

Jesus declares that he is "the bread of life."

(John 6:22–71.)

- The day after Jesus' miracle with the loaves and fishes, the people followed him to Capernaum. **Why did they follow him**? (John 6:26.)
- How did Jesus use the people's excitement about the *previous day's miracle to testify of his mission*? (John 6:27–35.)

(Reading 3)

- *How is "bread of life" an appropriate description of the Savior and the blessings he offers us*? (John 6:35, 47–51.)
- **What does it mean** to "never hunger" and "never thirst"?
- **How can we partake of the "bread of life"**? (John 6:47, 51–54; Matthew 26:26–28; Alma 5:33–35; D&C 20:77.)

(Reading 4)

- ★ **When some people rejected** Jesus' sermon, **what did Jesus ask the Twelve Apostles**? (John 6:67.)
- ★ **What was Peter's response**? (John 6:68.)
- ★ **What did Peter and the other Apostles understand about Jesus that those who left did not understand**? (John 6:69.)

Challenge:

Jesus Christ is **"the bread of life"**. He has **"the words of eternal life"** (John 6:35, 68). Apply his promises from the Sermon on the Bread of Life: **"He that cometh to me shall never hunger; and he that believeth on me shall never thirst. ... He that believeth on me hath everlasting life"** (John 6:35, 47).

NEXT WEEK "Lesson 13: "I Will Give unto Thee the Keys of the Kingdom" Matthew 15:21–17:9

- Jesus said to Peter, "Upon this rock I will build my church" (Matthew 16:18). The Prophet Joseph Smith taught that the rock Jesus referred to is revelation (*Teachings of the Prophet Joseph Smith*, sel. Joseph Fielding Smith [1976], 274). In what way is revelation the foundation of the Lord's Church?
- Elder David B. Haight taught that Jesus' Transfiguration "was meant for our spiritual enlightenment as well as for those who were personal witnesses" (in Conference Report, Apr. 1977, 8; or *Ensign*, May 1977, 7). What can you learn from the Transfiguration to help you when you need spiritual strength? (See Matthew 17:1–5.)

Scripture Chain: Revelation

Proverbs 29:18	Amos 3:7	1 Corinthians 2:9–12
Galatians 1:11–12	2 Peter 1:20–21	Alma 5:46
Moroni 10:5		